

**Trinity Child Care Center
Breakfast & Snack Menu
November 2020**

Mon	Tue	Wed	Thu	Fri
2 	3 	4 	5 	6 
9 WW Bread 1 pc WG Bran Cereal 4 oz Fresh Fruit 4 oz Milk 6 oz <hr/> Non Fat Cherry Yogurt 4 oz 100% Blended Juice 4 oz	10 WW Waffles 2 oz Fresh Fruit 4 oz Milk 6 oz <hr/> Cheddar Cheese Stick 2 oz 100% Blended Juice 4 oz	11 	12 WG Bagel w/Cream CHS 1 Ea Fresh Fruit 4 oz Milk 6 oz <hr/> WG Cheez-it Crackers 2 oz 100% Orange Juice 4 oz	13 WG Croissant 1 Ea Fresh Fruit 4 oz Milk 6 oz <hr/> Baby Carrots 4 oz 100% Orange Juice 4 oz
16 WW Sliced Bread 1 pc WG Rice Krispy Cereal 2 oz Fresh Fruit 4 oz Milk 6 oz <hr/> Non Fat Peach Yogurt 4 oz 100% Grape Juice 4 oz	17 WG Blueberry Muffin 1 Ea Fresh Fruit 4 oz Milk 6 oz <hr/> Mozzarella Cheese Stick 1 oz 100% Grape Juice 4 oz	18 WW French Toast 2 oz Fresh Fruit 4 oz Milk 6 oz <hr/> Baby Carrots 4 oz 100% Apple Juice 4 oz	19 WW Bread 1 Ea Non Fat Cherry Yogurt 4 oz Fresh Fruit 4 oz Milk 6 oz <hr/> WW Goldfish Crackers 2 oz 100% Pin/Orange Juice 4oz	20 WW Pancakes 2 oz Fresh Fruit 4 oz Milk 6 oz <hr/> WG Animal Crackers 2 oz 100% Grape Juice 4 oz
23 WW Bread 1 pc WG Cheerios Cereal 2 oz Fresh Fruit 4 oz Milk 6 oz <hr/> WG Graham Crackers 2 oz 100% Grape Juice 4 oz	24 WW Waffles 2 oz Fresh Fruit 4 oz Milk 6 oz <hr/> WG Banana Muffin 1 Ea 100% Orange Juice 4 oz	25 WG Corn Muffin 2 oz Fresh Fruit 4 oz Milk 6 oz <hr/> WG Dorito Corn Chips 4 oz 100% Grape Juice 4 oz	26  <i>Happy Thanksgiving! To You And Your Family</i>	27 
30 WW Bread 1 pc WG Bran Cereal 4 oz Fresh Fruit 4 oz Milk 6 oz <hr/> Cheddar Cheese Stick 1oz 100% Blended Juice 4 oz			Menu is Subject to Changes Low-Fat Plain/Flavored Yogurt 4 Oz/ 15 g. Sugar Antibiotic & Hormone Free 1% Low-Fat White Milk Served Daily	Seasonal Fruit Served Daily Oranges, Apples, Banana, Cantaloupe, Honey Dew, Tangerines, Pears, Strawberries, Watermelon (Seasonal Fruits.)